



Finding Your Voice with Essence Goldman

*A transformational half day workshop
to empower each individual and your team
to perform like rockstars.*



Create! with confidence

Perform! with power

Play! with ukuleles



- Build a stronger, more collaborative team
- Unlock creativity & enhance communication
- Silence the inner critic & conquer stage fright
- Present confidently with the Rockstar secrets of professional performers



◀ LEARN MORE

ABOUT

Essence Goldman is a musician and coach who uses the singer-songwriter's toolkit to improve unlock creativity, increase communication impact, and improve professional presence. Essence has released six albums, had songs in TV and film and opened for Jason Mraz, Tom Petty and Sarah McLachlan. Essence's band Bernie and the Believers was featured on NPR's Tiny Desk Concert series and their story is being developed into a feature film with producers Akiva Goldsman and John Legend. Essence believes that we are all performers and creators and is committed to helping companies, teams and individuals reach their full potential.

VIRTUAL RETREAT RATES

Price quotes available upon request

50% reservation fee required to secure your date

BOOK NOW

Going through Essence's workshop gave me new confidence in my ideas. I find that with my team I am able to brainstorm much more freely without judgement.

ELAINE Executive Assistant Team Leader, Market Leading Tech Company

Working with Essence has made me more confident. I used to find it very hard to speak in front of a group. I use the breathing techniques Essence taught me to push beyond anxiety and make myself heard.

MARIA KONOVALENKO Biologist, Buck Institute For Research On Aging

I highly recommend Essence's training for anyone who has a job that involves public speaking, for anyone who wants to overcome a fear of public speaking, or for anyone who simply wants to learn how to sing.

GREG MOUROUX Attorney, AT&T



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